

City MP visits St John Ambulance training centre

One of the City's MPs has shown his First Aid skills during a visit to the St John Ambulance Training Centre in Greenleys.

MP Mark Lancaster, who is a reservist with the Territorial Army, joined the cadets in reviving a dummy as part of a taster session.

The North Milton Keynes MP visited the centre to find out more about the facility and learn more about the invaluable service which the St John Ambulance provides across Milton Keynes and surrounding areas.

The St John Ambulance was first established in 1877 and since then it has been providing first aid, as well as training, across world.

Speaking afterwards, 'I thoroughly enjoyed my visit and it was great to see so many different ages all training together. They do fantastic work across the City covering sporting and music events and are often forgotten about. I want to highlight the great work they do and how they help people every day.'

If you would like to find out more about St John Ambulance and the part you can play with them, please visit their website at www.sja.org.uk