

## MP's Duel Abseil for MS Society

Having taken the plunge and got married earlier this year, Mark is now going one step further and without an ounce of apprehension, will be abseiling down the Spinnaker Tower in Portsmouth on 24th May for the MS Society.

Mark and his wife, Caroline Dinenage MP, will be putting their nerves to one side to raise vital funds for the MS Society in Gosport and Milton Keynes.

Their aim is to support essential research into this debilitating and distressing disease.

Should you wish to show your support then please visit

<http://uk.virginmoneygiving.com/team/marklancasterandcarolinedinenage>

Your donation, no matter how small, will make a difference and keep your fingers crossed for a safe landing!