

## Peddalling to Africa for Comic Relief

I'm very much looking forward to joining the team at Milton Keynes Christian Foundation on their 1050 mile static cycle ride to raise money for Comic Relief on Friday, 13th March.

MK Christian Foundation is a charity initiative co-ordinating a number of social enterprises with the aim of providing training, work experience and support to disadvantaged young people.

Why 1050 miles? This is the distance from the beach at Torquay to the sunny plains of Africa and I'm glad we won't be experiencing the dramatic climate change and harsh terrain along the way!

The peddling starts on Monday, 9th March through to Friday 13th March at Foundation House in Wolverton and they want the community to get involved, so why not join us and become a Red Nose Raiser raising plenty of life-changing money!

If you would like to get involved and cycle for an hour or even attend one of their many events then please contact [tim.miller@mkchristianfoundation.co.uk](mailto:tim.miller@mkchristianfoundation.co.uk) or go to [www.mkchristianfoundation.co.uk](http://www.mkchristianfoundation.co.uk)