

## Humanitarian Citizen Award - Could it be you?

Do you know of an extraordinary young person in Milton Keynes North? I'm leading the search on behalf of the British Red Cross to discover the young people in my constituency whose selfless actions have gone unsung.

Each year the British Red Cross runs the Humanitarian Citizen Award which is open to anyone aged 25 or under. The prestigious award celebrates the achievements of young constituents in four categories, first aid, volunteering, community action and fundraising.

In its 11th year, the ceremony will be held in the House of Commons and of course I'm hoping to welcome a nominee from MK North.

I've no doubt we have unsung heroes quietly working in the community and I very much hope that friends and family will join me in recognising their achievements.

If you know of someone who has made a real difference in the community then please nominate them online at [www.redcross.org.uk/theaward](http://www.redcross.org.uk/theaward) before August 2nd.