

Newport Pagnell opens its doors for AYME

An MP, two Mayors and distinguished guests joined the celebrations for AYME (The Association of Young People with ME) at the opening of their new offices in Newport Pagnell.

Established in 1996, AYME is a UK charity providing support for children and young people aged up to 26 who have ME/CFS. Currently there is no known cause for this chronic condition and as yet there is no cure.

ME (Myalgic Encephalopathy) is a recognised medical condition that affects thousands of adults, children and young people in this country every day. ME is also commonly known as Chronic Fatigue Syndrome which is debilitating, often painful and extremely isolating for sufferers. This is where AYME comes in.

The efforts of volunteers provide a lifeline to over 3,500 members. Via AYME's website they are able to offer a vital helpline of advice on a variety of subjects, including education, relationships, home visits, buddy schemes and details on workshops across the country enabling families and young people to share their experiences.

After his speech, Mark Lancaster MP commented, "AYME is clearly a very important and valuable resource for those facing these difficult challenges and it's reassuring to know that the charity has made great strides to empower children and their families across the UK to manage this debilitating condition."

For more information about AYME go to www.ayme.org.uk or call 01908 379737

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