

Mark is running the Milton Keynes Sport Relief Mile on Sunday 25th March

Mark will be taking part in the Sport Relief Mile in Milton Keynes on Sunday 25th March.

Mark will be running the 3 mile course from 11am on Sunday 25th March, so please come along and give him a cheer. Mark has set up a fundraising page to raise money for disadvantaged people in the UK and overseas. Sport Relief really does make a difference and you can do your part too.

To sign up to run the Milton Keynes Mile, please visit the Sport Relief website at <http://www.sportrelief.com/>

To sponsor Mark, please visit his donation page at <http://my.sportrelief.com/sponsor/marklancastermpandstaff>